

FOR AD RATES & INFO 727-484-7488 • INFO@MONTHLY-MEDIA.COM

OAK CREST/ACORN MESSENGER

Jeanni Bajenski, Editor • Lot 512 • 483-2123

OAK CREST/ACORN RESIDENTS' CLUB, INC. OFFICERS - 2016

President	. John Brennan	Lot 435	. 586-365-9951
VP	. Chuck Watts	Lot 504	.843-457-9598
2nd VP:	. Dorothy Noller	Lot 79	. 727-474-6633
Treasurer	. Ed Kohler	Lot 552	.484-636-7106
Secretary	. Kathy Brady	Lot 353	. 727-239-8726

DISTRICT DIRECTORS

	Dorothy Noller		
	Gerry Marsiske		
	Patricia Cole		
	Jill Werner	Lot 115	651-587-3789
District #3	Jake Jacobs	Lot #247	727-430-1584
	Doris Jacobs	Lot #247	727-238-8199
	Verla Jacobs	Lot 276	
District #4	Sharon Anderson	Lot 314	
	VACANT		
District #5	Chuck Watts	Lot 504	843-457-9599
	Annette Watts	Lot 504	843-457-9599
District #6	Joy Olson	Lot 615	
	Shirley Magashazi	Lot 625	729-5627
		-	

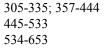
District 1: A2-A3; 1-20; 39-119; 206-213

District 2: 21-30; 120-202; 214-223 District 3: 31-38; 203-205; 224-304; 336

District 3: 31-38; 203-205; 224-304; 336-356 District 4: 305-335; 357-444

District 4: 505-555, 557-444 District 5: 445-533

District 6: 534-65





HOMEOWNERS OF ACORN/OAKCREST BOARD MEMBERS 2016

Officers:

Tony Fania, Pres #406	973-479-1248
Rick Judkins, VP #437	
Jenny Naegele, Secy, #33	727-543-4813
Donna Tope, Treas, #648	727-474-3443

Directors:

Sandra Rubin, #513	301-943-6471
Diane Rice, #636	828-230-7249
Jeanni Bajenski #512	727-483-2123







OAK CREST/ACORN MESSENGER OCTOBER, 2016 S



HOMEOWNERS OF OAK CREST / ACORN RESIDENTS, INC.

By: Jeanni Bajenski, Dir Lot #512, 727-483-2123

The president of the pr

Reminder, our first meeting in the fall will be Monday October 24th at 7pm. Please come. Bring your neighbors. The topic for the evening is "What is a Home Owners Association and what it can do for you".

You will also be learning what changes/upgrades/improvements were made to the community over the summer months.

Also, come the January issue of the Messenger, you will find a small envelope contained in the issue which will enable you to pay your annual \$10/yr HOA fee. More information will be forthcoming in the next few issues.

To those of you who have recently returned....welcome back...we missed you!!!



OAK CREST / ACORN RESIDENTS' CLUB, INC.

John Brennan, President, Lot #435, 586-365-9951

The Residents Club would like to extend a welcome back to all of the snow birds! We would also like to welcome all of our new residents. We are attempting to create 2 new activities for our residents.

- 1. A week night corn hole league. This will be run for both men and women.
- 2. 9-hole golf league. (weekday am)

If you are interested in either of these please contact John Brennan @ <u>586-365-9951</u> or John. <u>brennan866@gmail.com</u>. So far we have 5 residents interested in the golf.

Halloween Golf Cart Parade – October 22nd @ 7 PM @ the clubhouse. Please decorate your cart!

First Pancake Breakfast will be November 5th @ 8:30 - 10 AM \$4.00 per person

Residents Club meeting November 7th @ 7pm in the clubhouse – coffee & donuts following the meeting.

Activities Committee

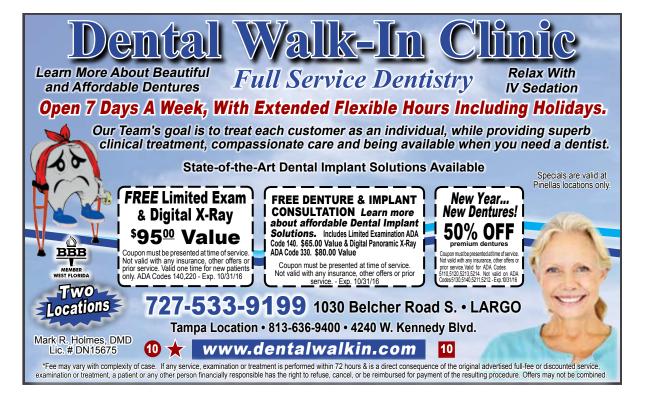
The committee has a great variety of functions planned for the up-coming 2016-2017 season. We want to invited everyone to attend and especially all the new residents. It's a way to meet your neighbors. Watch for the up-coming events on the Clubhouse board, Monthly Messenger, or through word of mouth!!

Time to plan for our Halloween Party-Dance. Costumes are "optional" but there will be prizes awarded for best costume.

Saturday October 29th 7-10PM. Music by Mark Ralston – DJ. Tickets are \$6.00 per person and are available from Nancy – 727-437-7415 or Joy – 727-588-0323 BYOB & Snacks. Hope to see you all there!!!

A Complete Listing of Resident Services can be found on the page before your calendar







SICK BAY REPORT

by Margaret Fuller, 586-1590

DEATHS:

BOB MEYER, 108 Live Oak, at home on August 31st

SAMUEL TOPPING. Son of Louise Topping, 462 Basket Oak, died suddenly in Burlington, Iowa on August 20th

IN HOSPITAL:

TED SACHS, 90 Post Oak, Largo Medical Center September 10th

NOTES:

LINE DANCE - Line Dance sessions will resume in November - but on a different day. So, reserve your TUESDAY mornings at 10am. See you then.

Any questions, call Dot Bunting at 584-0113.

FMO NEWS: OAK CREST/ACORN

James Hamilton Section 1 Director Rebecca Cooper State Publicist And FMO Rep. - All Home Sites of Oak Crest/Acorn Lot 273 (White Oak) 727-998-1864 ocacfmoreps@yahoo.com <u>http://fmodistricttwo.wix.com/fmo-d2#!about1/cmpc</u> www.facebook.com/FMODISTRICT2

The **HOA Certification Classes** will be up and running this fall, with the first one to be held in November. There will be about a half dozen in all; watch for the one in your area. They will also be noted on the website or Dist Face Book Page, you live in Dist. 2

Another program that needs your support is the **Consolidated Legal Fund**. With each passing week we see more HOAs getting involved and soon we will be able to take action to support our HOAs on a state-wide level. Don't know what the CLF is? Go to our website fmol.org and watch the power point program and arrange for a speaker to come to your HOA meeting to give your residents further information.

FMO DIST 2 SECTION 1 Pinellas County District Meetings for 2016/2017 Season Speakers can be added at any time check out the website at: <u>http://fmodistricttwo.wix.com/</u><u>fmo-d2#!about1/cmpc</u>

November 15th will be held at the Twin Palms MHP at 6:30 PM.(note time) Twin Palms Community 14300 66th Street North Clearwater FL 33764 The speaker will be Jerry Durham on the Consolidation Fund for HOA'S

December 13th will be held at Point West MHP at 9:30 AM Point West 12651 Seminole Blvd. Largo FL 33778 The speaker will be Ann Marie from AARP

January 17th To Be Announced, keep an eye on Dist 2 Facebook page or website

February 21st. Our Salute To Veterans will be held at St. Petersburg Elks Lodge at 11:30 AM lunch with meeting afterwards.

St. Petersburg Elks Lodge #1224 2675 66th. St. North St Petersburg FL 33710

We will meet at 11:30 am and there will be a lunch menu available for all in attendance and the bar will be opened. Each is responsible for their own lunch. The prices are extremely reasonable. Following lunch Rudy Masi, Past Exalted Ruler, and Past District Elks President, will speak on the Veterans. Should be an excellent presentation.

March 21st. Place of meeting To Be Announced

The speaker will be former judge and current attorney, Daniel Perry. A real advocate for the Mobile Home Owners





Visit <u>www.AMSOFFLA.com</u> and view our informative video FL State Certified • Licensed & Insured • Roofing Contractor CC C1329853

SAVE TIME AND MONEY BY CALLING US TODAY TO GET YOUR PROJECT STARTED!

OAK CREST/ACORN MESSENGER OCTOBER, 2016 S

Evening & Weekend

Appointments Available

12

INSIST on 8 ft. WIDE VAPOR BARRIER for a SEAMLESS FIT!



Insulation Under Your Home Falling Down? Holes and Tears in Your Vapor /Moisture Barrier?





Insulation and Vapor Barrier Repairs

UNDER HOME INSPECTION Only with this COUPON



 Lifetime Vapor Barrier
 Guaranteed for Life Prevent Soft Floors
 Keep Mold, Mildew, Rats, Snakes, Spiders, Ants, Roaches and Moisture OUT of Your House! • Lower Your Electric Bills

Licensed by the State of Florida #IH/102549/1



FREE ESTIMATES







 Insured • Bonded • Workman's Compensation Insurance Member: National Association of Mold Professionals



Check medical bills with care

ealing with health insurance claims can be frustrating and time-consuming. Multiple bills from different departments for what seems like one medical procedure can baffle even the most organized consumer. The key is to keep track of insurance claims and keep detailed records. Follow this advice:

- **Review records**. Verify that the medical provider has the correct billing information. Also, check the identification or group number of your insurance plan on claim forms.
- Follow up to be sure the claim is being processed. Contact the provider or insurer after receiving a bill to confirm receipt. Write down the names of everyone you speak to, noting the date of the call and any available confirmation numbers.
- Verify all the expenses. Check to see if you are being billed twice. Similarly, verify that the contracted rate between the insurer and the provider is actually what you are being billed for.

Revamp your finances to save more money

f you can figure out how to save just \$125 per month, then set up an automatic savings to a mutual fund that yields an average of 7 percent, in five years you will have almost \$9,000. In 20 years, that amount will have grown to \$65,000! Here are four suggestions for coming up with that \$125 per month:

- Look at your cable TV bill. Do you need all those channels? You can roll your bill back by getting rid of premium channels or subscribing to a smaller, cheaper package.
- Stop picking up magazines from the supermarket or newsstand. Save yourself some money by reading online or subscribing to your favorite magazine instead. And if you're subscribing to anything you don't read, cancel it.
- Change your cell service. Shopping around can get you a better deal that will save you bucks. Just make sure you won't be penalized for breaking a contract early.



• Call your credit card company. You may be able to get a lower interest rate just by asking.

Some challenges spur imagination and success

Intersection of the set of the se

Take for example, American writer Flannery O'Connor. She was stricken with lupus erythematosus in her mid-20s. She spent almost all of her life (she died at age 39) on her family's farm. But as the disease made movement more and more difficult, it also pushed her to sit at her typewriter every day and write. The stories she churned out are full of wild imaginings and a great spirit of hope.



Just listen

man whose marriage was in trouble sought advice from his minister. The minister heard the man out and then said, "You must learn to listen to your wife."

The man took this advice to heart, but he returned a month later to say the marriage was still unhappy, even though he had learned to listen to every word his wife said.

The minister said with a smile, "Now go home, and listen to every word she isn't saying."

Learn to let go

little boy was playing one day with a very valuable vase. When he put his hand inside it and couldn't draw it back out, he called for his mother. His mother tried gently to slide his hand free, but it remained stuck.



She was ready to break the vase when she said, "OK, let's try one more time, Open your hand and hold your fingers out out straight, and then pull."

"Oh, no, mommy!" the boy cried. "If I do that, I'll drop my penny!"

Storytellers have as profound a purpose as any who are charged to guide and transform human lives.

—Nancy Mellon

Standing by Your Family for 100 Years

At Morton Plant Hospital, generations of physicians have cared for generations of families.

Dr. Julia Cosma, family medicine, practicing since 1999

Dr. Guillermo Cosma, psychiatrist, practiced from 1973 to 2002

> Dr. John Kilgore, orthopedic surgeon, practicing since 1994

> > Dr. William Kilgore, orthopedic surgeon, practiced from 1963 to 2000

Dr. John Sourbeer, general practice, practiced from 1958 to 2000

anesthesiologist, practicing since 2015

Dr. Ryan Bialas,

Dr. Robert F. Bialas, plastic surgeon, practiced from 1979 to 2014

Dr. Jeff Sourbeer, family medicine, practicing since 1984

From our family to your family

Morton Plant Hospital got its start in 1914 when several local women asked railroad magnate Morton F. Plant to fund a hospital. He agreed, if the community would also make a substantial contribution. They took the challenge and the hospital opened in 1916. Throughout the years, the hospital and its physicians served the community, and the community gave back, ensuring that generations of families would be able to count on the compassionate, quality care provided by Morton Plant Hospital.

One of the most noteworthy hospitals in the nation, Morton Plant Hospital was founded because a community cared. And 100 years later, one thing remains the same — our commitment to caring for your family.





The new Doyle Tower at Morton Plant Hospital, scheduled to be completed in 2017. Another example of how the community gave back.

MortonPlant100.org #MortonPlant100

OAK CREST/ACORN MESSENGER OCTOBER, 2016 S

BC1606061-0816



Licensed · Insured 535-2629

ARE YOU PAYING TOO MUCH FOR AUTO INSURANCE?

Coverages:

Bodily Injury\$100,000 Each Pers./ \$300,000 Ea. Occur.
Property Damage\$100,000 Each Occur.
Uninsured Motorist\$100,000 Each Pers./ \$300,000 Ea. Occur.
Pers. Injury Prot\$10,000 Ea. Person, Wage Loss Excluded
Medical Payments\$5,000 Each Person
ComprehensiveACV - \$500 Deductible
Road Trouble Serv\$50 Each Occurrence
Additional Exp\$30 Per Day / \$900 Each Occurance
Annual Paid In Full Premium \$994.55*

Quote Details: -67 married male, vehicle driven for pleasure use, superior credit, 5 year clean driving record on all licensed household operators -2012 Chevy Impala LT, garaged in Pinellas County zip code 33771, equipped with AirBags, ABS and Anti-Theft device

*NOTICE: Acceptability of all proposed applicants subject to underwriting approval, premium rates are subject to change. Rates will vary based on age of operator, driving





Did you know that October is also...

Italian-American Heritage Month. The goal of Italian-American Heritage Month is to inform the public about the contributions made by Italians and Italian-Americans, especially in the arts, the humanities, and the sciences, and to celebrate the impact that Italian culture and language have had on the United States.

National Bullying Prevention Month. A campaign held during October, uniting communities nationwide to educate about and raise awareness of bullying prevention, National Bullying Prevention Month is recognized in communities across the United States, with hundreds of schools and organizations signing on as partners.

National Cybersecurity Awareness Month. The internet touches almost all aspects of everyone's daily life, whether we realize it or not. National Cybersecurity Awareness Month is intended to engage and educate public and private sector partners through events and initiatives with the goal of raising awareness about cybersecurity and increasing the resiliency

of the nation in the event of a cyber incident.

National Walk Your Dog Week, Oct. 1-7. According to the American Veterinary Medical Association, more than 40 percent of dogs—a total of about 17 million—in the United States are overweight. Walking your dog just 30 minutes a day helps both of you maintain a healthy weight and a good heart.

Éarth Science Week, Oct. 9-16. This year's Earth Science Week celebrates the theme, "Our Shared Geoheritage"—the collection of natural wonders, landforms, and resources that have formed over eons and come to this generation to manage, use, and conserve effectively.

Free Speech Week, Oct. 16-22. A yearly event to raise public awareness of the importance of free speech in our democracy and to celebrate that freedom. Express your right to free speech by posting a message online, composing a poem, writing a letter to the editor, or whatever works best for you.

National Massage Therapy Awareness Week, Oct. 23-29. Research suggests that symptoms of stress, anxiety and depression may be ameliorated with massage therapy. Athletes at all stages have also benefited from massage therapy. By combining your exercise routine with a massage therapy treatment, you will be able to train longer and harder and make the most of your workout.

World Animal Day, Oct. 4. An international day of action for animal rights and welfare, celebrated annually on the feast day of Francis of Assisi, the patron saint of animals.

National Chess Day, Oct. 8. Play a game that sharpens your mind, challenges your intellect, and brings you closer together with other people.

Columbus Day, Oct. 10. Observed on the second Monday of October to commemorate Christopher Columbus's arrival on the North American continent on Oct. 12, 1492.

Ada Lovelace Day, Oct. 18. Considered one of the world's first female computer programmers, Ada Lovelace helped develop an early predecessor of the modern computer in the 19th century.

Halloween, Oct. 31. Trick or treat!





Quality Workmanship Honest Pricing

- Vapor / Moisture Barrier
- Underhome Encapsulated Insulation
- Hurricane Tie-Down Anchors



AFTER



We Keep rodents, snakes, spiders, bugs, mold, mildew, and damaging moisture out of your home!

LIC. # IH-1110636 INSURED FAMILY OPERATED

Office Location: 12355 62nd St N Unit B Largo, FL 33773



7885 or

ESTIMATES & SMILES ALWAYS FREE

Services Directory

AIR CONDITIONING SALES/SERV	
Air Masters of Pinellas, Inc.	727-580-0909
E & E Gliddon, Inc	727-546-4343
Modern A/C Service Co	/2/-541-5541
	707 500 0000
Appliance Specialty, Inc.	727-520-6002
Bob's Appliance Repair	121-631-4189
Sunset Appliance Service	727-559-1137
AUTO REPAIR	
Hoover and Son's Auto Repair	727-754-4199
Largo Automotive Repair, Inc	727-584-0166
AUTŎ SALES / PURCHASING	
Stingrays Inc	727-798-2921
AWNINGS	
Bay Area Aluminum Services, Inc	727-585-4442
Century Awnings Co.	727-559-8811
BARBER SHOP	
Harry's Chop Shop	727-442-5600
BATHROOM REMODEL	
BathMasters	727-333-7997
BEAUTY SALON	
Debbie's Salon	727-586-2842
BLINDS & DRAPERIES	121 000 2012
Rod Runners	727-394-9534
	121 004 0004
Electro-Glo Inc.	727 556 0701
	121-330-0101
Bill the Carpet Guy	707 501 4460
Dill life Calpet Guy	727-521-4105
Doll Brothers Carpet/Upholstery Clnrs.	121-596-2249
CLEANING/INTERIOR	707 000 4004
A Happe Cleaning & Services	727-269-1024
Swiss Quality Cleaning or Organizing .	561-400-7278
COMPUTER SERVICES	
Largo Tech Services, LLC	727-474-4285
DENTIST	
Dental Walk-In Clinic	727-533-9199
DRIVEWAY COATING	
Concrete Wizard, Inc.	727-789-5444
DUCT / VENT CLEANING	
Velocity Air	727-754-7956
ELECTRICAL CONTRACTOR	
Boss Electric Corp.	727-791-1308
Haseney Electrical Services, Inc	727-441-8434
Palm Harbor & Dunedin Electric	727-773-1622
FLOOR COVERINGS/RETAIL	
At Home Floors - Carpets + Tile	727-584-3711
FLOOR REPAIR	
Florida Anchor & Barrier Co.	727-330-7821
Flatworks	
Perfect Repair & Construction, Inc	
FURNITURE & MATTRESS	121-0002
AJ's Beds & Furniture	727 588 0406
GIFT SHOP	121-300-0400
Carmen's Gift Shop and Stuff	707 221 7020
GOLF CARTS SALES & SERVICE	121-331-1232
Conital Calf Carta Inc	
Capital Golf Carts, Inc	727-772-8833
Recreational Golf Cars of Florida	727-772-8833
Recreational Golf Cars of Florida INSURANCE/AUTO	727-772-8833 727-548-8460
Recreational Golf Cars of Florida	727-772-8833 727-548-8460

MANUFACTURED HOME SALES/NEW

Citrus Homes/Meadowood Homes	727-535-5262
MEDICAL FACILITY	
Morton Plant Hospital www.Morto	onPlant100.org
MOBILE HOME SUPPLIES - RETA	IL Č
Mobile Home Depot, Inc.	727-535-1100
Southeast Mobile Home Supplies	727-522-2090
MOBILE HOME WASH/WAX	
Heller's Mobile Home Washing	727-667-8110
Royal Enterprises	727-394-7351
Wyngarden Mobile Home Wash, LLC.	727-587-0876
MOBILE HOME WINDOW FILM	121-001-0010
Royal Enterprises	727 204 7251
MOVING SERVICE	. 121-394-1331
Shawn & Shawn Moving Company	707 004 7004
	. / 2/-234-/204
PAINTING/INSIDE & OUTSIDE	707 470 5070
Payless Painting Services	. /2/-4/0-58/6
PEST CONTROL	
Battleline Termite & Pest Control	727-584-4509
Buggin Out Termite & Pest Control	727-535-2629
Nature's Resource Pest Control	.727-785-2552
PLUMBING SERVICE	
Jones & Sons Plumbing, Inc	727-799-0287
Largo Plumbing Co.	727-596-0525
Ray Duncan Plumbing, Inc.	727-733-0968
REMODELING/INTERIOR	
American Restoration Systems, Inc	727-525-7200
RESTAURANT	
Cozy Corner Family Restaurant	727-240-0686
ROOF COATING	
AMS Advanced MH Systems	727-471-0820
Community Roofing of Florida, Inc	727 536 0000
	. 121-330-99999
All Weather Roofing	000 207 2750
All Wedther Rooling	-000-297-3730
AMS Advanced MH Systems	. 7 2 7 - 4 7 1 - 08 2 0
ASC Aluminum Specialty Contr	. 727-547-8300
ROOF WASHING	
Heller's Mobile Home Washing	. 727-667-8110
ROOM ADDITIONS	
Bay Area Aluminum Services, Inc	.727-585-4442
SCOOTER/MOBILITY CHAIR SALE	
Electric Vehicle Mall	727-474-9992
SELF STORAGE	
Indian Rocks Storage	727-596-8678
TIE DOWNS/MOBILE HOMES	
Florida Anchor & Barrier Co	727-330-7821
Tommy Tie Downs	941-628-6840
TRAVEL/VACATION	
Travel Is Fun	727-347-1600
VAPOR BARRIER	121 041 1000
Florida Anchor & Barrier Co.	727-330-7821
Florida Underhome Solutions	727_/02 1021
Underhome Armor	. 1 2 1 - 202 - 2043
VINYL SIDING	707 474 0000
AMS Advanced MH Systems	727-471-0820
ASC Aluminum Specialty Contr	121-541-8300
Mitchell Siding, Inc.	. 727-586-6315
WINDOW REPLACEMENT	
AMS Advanced MH Systems	
ASC Aluminum Specialty Contr	727-547-8300



OCIOR	EK•2016	Ď
Sunday	Monday	Г
2 7p Billiards	3 8a Exercise 9a Swimnastics 9:45a Water Aerobics 1p Shuffleboard	8a Exer 9a Swin 9:45a W 12:30p 5p Pino 7p Sing
9 7p Billiards	10 8a Exercise 9a Swimnastics 9:45a Water Aerobics 1p Shuffleboard	8a Exer 9a Swin 9:45a W 12:30p J 5p Pino 7p Sing
16 7p Billiards	17 8a Exercise 9a Swimnastics 9:45a Water Aerobics 1p Shuffleboard	8a Exer 9a Swin 9:45a W 12:30p 5p Pino 7p Sing
23 7p Billiards	24 8a Exercise 9a Swimnastics 9:45a Water Aerobics 1p Shuffleboard 7p Homeowners Meeting	8a Exer 9a Swin 9:45a W 12:30p 5p Pino 7p Sing
30 7p Billiards	31 8a Exercise 9a Swimnastics 9:45a Water Aerobics 1p Shuffleboard Halloween	

CTODED.0010

Oak Crest

Tuesday	Wednesday	Thursday	Friday	Saturday
				1
4 cise nastics /ater Aerobics Bridge chle -a-Long	8a Exercise 5 9a Swimnastics 9:45a Water Aerobics 1p Dime Bingo Chess Shuffleboard 5p Pinochle 7p Billiards	6 8a Exercise 9a Swimnastics 9:45a Water Aerobics 5p~7p Sheila's Shuffleboard	8a Exercise 7 9a Swimnastics 9:30a~Noon Art Class 9:45a Water Aerobics 1p Bunco Shuffle- board 7p Stud Poker	8
11 cise nnastics ⁄ater Aerobics Bridge chle -a-Long	8a Exercise 12 9a Swimnastics 9:45a Water Aerobics 1p Dime Bingo Chess Shuffleboard 5p Pinochle 7p Billiards	13 8a Exercise 9a Swimnastics 9:45a Water Aerobics 5p~7p Sheila's Shuffleboard	8a Exercise 14 9a Swimnastics 9:30a~Noon Art Class 9:45a Water Aerobics 1p Bunco Shuffle- board 7p Stud Poker	15 8a~4p Private Party
18 cise nnastics ⁄ater Aerobics Bridge chle -a-Long	8a Exercise 19 9a Swimnastics 9:45a Water Aerobics 10:30a HOB Meeting (Pool Room) 1p Dime Bingo Chess Shuffleboard 5p Pinochle 7p Billiards	20 8a Exercise 9a Swimnastics 9:45a Water Aerobics 5p~7p Sheila's Shuffleboard 7p Game Night	8a Exercise 21 9a Swimnastics 9:30a~Noon Art Class 9:45a Water Aerobics 1p Bunco Shuffle- board 7p Stud Poker	22 7p Halloween Golf Cart Parade
25 cise nnastics Vater Aerobics Bridge chle -a-Long	8a Exercise 26 9a Swimnastics 9:45a Water Aerobics 1p Dime Bingo Chess Shuffleboard 5p Pinochle 7p Billiards	27 8a Exercise 9a Swimnastics 9:45a Water Aerobics 5p~7p Sheila's Shuffleboard	8a Exercise 28 9a Swimnastics 9:30a~Noon Art Class 9:45a Water Aerobics 1p Bunco Shuffle- board 7p Stud Poker	29 7p~10p Halloween Party
				NOVEMBER 2016 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30









126 S. Clearwater Largo Rd • Largo





12

★

12

Owner Operated - Over 25 Years Exp. • Licensed & Insured

Family Owned & Operated Since 1977

REPAIRS & INSPECTIONS

 Lower Cost Than Replacement · Professional Workmanship by a

IS YOUR ROOF LEAKING?

TRUSTED Contractor

Roof Coating & Repair could

be the solution:

W INC

Try these tips for better napping

S leep is important to your health, and regular naps can make a positive difference. One Harvard study found that people who nap at least three times a week for a half hour or more have a much lower risk of heart disease. Other studies suggest that a 40-minute nap can improve performance on the job.

So what's the best way to nap? The Science of Us website summarized the findings of different studies. First, try to sleep for at least an hour to get a deeper sleep, even though shorter naps have positive benefits as well. Second, lie down for your nap; you'll wake up feeling more alert than if you sleep sitting up in a chair.



Finally, nap in the morning if possible. You're more likely to get REM sleep because your brain still craves it from the night before. Although, on the other hand, afternoon naps tend to be more restorative and improve memory.

Chest pain? Worry—but don't panic

You're having chest pains. Should you rush to the hospital? Although you shouldn't ignore the pains, don't panic. According to an article on the Medline Plus website, fewer than 6 percent of chest pains are symptoms of a heart attack. That's the good news. The bad news is that doctors usually can't determine the cause of chest pains, and they can be evidence of a serious illness.

Researchers studied a database containing records of emergency room visits, looking at 11,000 cases of chest pain unrelated to other trauma. They found that only 5.5 percent of patients suffered from life-threatening ailments. The most common diagnosis was simply "nonspecific chest pain," accounting for more than five in 10 patients complaining of discomfort.

Chest pains cause more than 8 million trips to emergency rooms each year, second only to abdominal pains.

Heart health improving for Americans

Mericans are taking better care of their hearts, according to the Centers for Disease Control and Prevention. According to a study published in the American Journal of Preventive Medicine, the rate of heart disease in Americans over 40 dropped to 8 percent in 2011-12, down from 10 percent in 2001-02. Among Americans 60 and older, the rate dropped from 19.5 percent to 15 percent in the same time frames. The researchers found no significant change either way in Americans 40-59 years old, however.

One factor influencing the improvement was having access to health insurance, according to the study. Better management of risk factors like high blood pressure, cholesterol, smoking, weight, and diabetes probably contributed to the decline, the report suggested.

Tokes don't have to be longwinded. Try these one-liners out on your friends:

- I sold my vacuum cleaner—all it was doing was gathering dust.
- I give all my dead batteries away—free of charge.
- I hate elevators, so I take steps to avoid them.
- I know a man who drinks brake fluid. But he says he can stop any time.
- When will all the rhetorical questions end?
- Women really should not have children after 35. After all, 35 children are enough.
- It's hard to explain puns to kleptomaniacs because they always take things literally.
- A hard-boiled egg in the morning is hard to beat.
- There are only 10 types of people in the world—those who understand binary and those who don't.

Hot tip

man was watching TV one night when his wife walked up behind him and smacked him on the back of the head with a newspaper.

"What was that for?" he demanded.

"I was doing the laundry and I found a piece of paper folded up in your back pocket with the name 'Carol Anne' written on it," she said.

"Oh, honey," the man said. "I was at the track the other day and a guy gave me a hot tip on a horse named 'Carol Anne.' I won \$50."

Unconvinced, the wife said, "All right, then," and went back to the laundry.

Two nights later the husband was watching TV again when the phone rang. A minute later, his wife walked up behind him and once again hit him with the newspaper. "What are you doing?"

"The phone call? That was your horse."









SUB-FLOOR & FLOORING EXPERTS!



OAK CREST/ACORN MESSENGER OCTOBER, 2016 S



Get your imagination going when you paint

• ou don't have to be a Picasso to find satisfaction and enjoyment in creating art. When you're searching for ideas or subjects to paint, consider these approaches:

• Seek inspiration. Spend some looking at art—paintings, sculpture, drawings. Listen to music to stimulate your creative juices.

- Start small. If you're hesitant, or blocked, don't tackle a big art project. Start with something small and easy. Work on one section of a painting you're planning, and don't think of the rest of the project. You'll accomplish something concrete, and your success may give you the momentum you need to continue.
- Switch things around. If you usually paint or draw horizontally, switch to vertical. Instead of painting what you see, paint what you feel. If you draw with your right hand, try switching to your left. A small change can make a big difference.
- Try an exercise. Pick a common saying: "Once in a blue moon," for instance. Draw or paint what the saying means to you. What kind of rare occurrence springs to your mind? How would the world look under blue moonlight? Choose other clichés and catchphrases to illustrate, and you'll keep your perceptions sharper.

Fear criticism? Do it anyway

The cliché that you can't please everyone is a simple lesson on dealing with criticism. You'll always have detractors, so you may as well follow your heart and do what's right.

That's what Julia Butterfly Hill learned. Hill made headlines a couple of years ago when she climbed into a California redwood and lived there for two years to protest logging in the ancient woods. After she came down, she wrote a book about her experience, The Legacy of Luna (Luna is the name she gave to her tree home).

Then came publicity—and criticism from loggers whose livelihood she was curtailing and environmentalists who accused her of selling out.

"For every action, there's an equal and opposite criticism," Hill said. So do it anyway.



OAK CREST/ACORN MESSENGER OCTOBER, 2016 S





OAK CREST/ACORN MESSENGER OCTOBER, 2016 S



OAK CREST/ACORN MESSENGER OCTOBER, 2016 S

Skin cancer risk—your feet

You probably know to check the areas of your skin that get the most exposure to sunlight for symptoms of melanoma, but don't neglect the rest of your body. The WebMD website reports that skin cancer can develop on the soles of people's feet, particularly the spots that get the most stress from walking or running. Those areas include the ball of the foot, the side of the arch, and particularly the heel.



Melanoma on the sole of the foot is rare, accounting for just 2.4

cases per million for Caucasian Americans and 2.2 per million among African-Americans. However, because most of us don't think to check our feet for signs of cancer, it's often very advanced when discovered. So don't forget your feet when examining your skin.

Sea sponge could hold key to fighting deadly infections

RSA (methicillin-resistant Staphylococcus aureus) is a bacterial infection that kills an average of 11,000 patients every year in the United States. But scientists now believe they've discovered an Antarctic sea sponge that produces a chemical compound capable of stopping it.

According to the UPI website, researchers studying the defense mechanisms of sea sponges—as well as algae and underwater invertebrate organisms—found the compound, named darwinolide, in Dendrilla membranosa. It works by penetrating MRSA's protective biofilm, a coating of proteins, carbohydrates, and DNA that current antibiotics can't get through.

Harvesting the sponges from the sea floor is neither practical nor environmentally sound, so the scientists are looking for a way to produce the compound synthetically. Fortunately, UPI states, most chemical compounds found in nature can be reproduced in the lab by chemists.

Poison found on ancient arrowheads

Primitive humans may have hunted prey with poison-tipped arrows at least 13,000 years ago, according to an article on the Sci-News website. Archeologists in eastern Africa uncovered several artifacts made from bone in the Kuumbi Cave—implements that included five slender projectile points. The cave also held traces of ancient charcoal from the Mkunazi plant, which has poisonous fruit.

Ancient humans probably used poison-tipped arrows of bone because stone-tipped arrows and spears didn't have the stopping power to take down large prey like zebras or buffalo.





BATHMASTERS

THE MASTERS OF BATHROOM RENOVATION

- · Economical tub to shower conversions
- Extensive portfolio and references online
- We listen, we respond excellent communication skills
- Showroom in Clearwater
- Fixed price packages customized to meet
 your needs

Your choice of:

The most advanced easy-to-clean, solid surface tub and shower surrounds on the market or custom tile installation.

Special Offer

S CT

10% off Tub to Shower Conversion Packages For Seniors Age 55+. Up to \$500. 12/31/16.



Call (727) 333-7997 now for your FREE in-home estimate!

2260 Gulf to Bay Boulevard | Clearwater, FL 33765 (727) 333-7997 • www.BathMasters.us

Certified Residential Contractor: CRC1331061

OAK CREST/ACORN MESSENGER OCTOBER, 2016 S



ACROSS		1	2	3	4	5		6	7	8	9	10		11	12	13	1
1. Unit of electrical capacitance		14		-	-	-		15	-	-	-	-		16	-	-	
6. Smooth and gleaming			1														
11. Not arm		17					18							19			
14. Classical music theatre						20		<u> </u>			_	-	22			-	
15. Breed of dog						20		I 1				21	22		I		
An Australian flightless bird		23	24	25	26		\vdash				27		\vdash	\vdash	\vdash	+	1 '
17. Vengeance																	
19. Card with just 1 symbol		28						29	30	31							
20. Anagram of "Leaps"		32	+	+		+		33	-			-		34	35	36	
21. S S S S		~	1	I				~~							Ĩ	~	(
23. Chinese cinnamon		37					38						39				1 1
27. There are 50 of them			L							L							
28. Associated with the Christian		40	1	1		41	1		1	1		42		1		1	
church					43	-	<u> </u>	-	-	-	44	-	-	-	-	+	1
32. Regions																	1
33. Impersonate		45	46	47							48						
34. Electro-encephalogram		49					_	50	51	52							
37. Shipped		-40	1	1				00	°'	52							
 Flamingo or heron 		63	\vdash	-	-	54	66		\vdash	\vdash	\vdash		56	57	58	59	
39. Protagonist																	
40. East southeast		60	1	I		61		I 1				62					
 Doughnut-shaped roll 		63	+	+		64	+		+	⊢		65	<u>├</u>	+		+	1
42. Freight																	1
43. The arrangement of windows of a				-		_	-		0W	7 N I				-	-		· •
building								_	UN	1							
45. Infirm due to age	1. Since o	r bec	ause				. Pou						42. Ir				
 Makes angry 	2. Gorilla						. Sto	L					43. T <u>.</u>	~ 1		e	
19. Nymph	3. Drench						. Uni		area				44. R	<u> </u>			
50. An anesthetic	4. Arrang			brev.)			. Vis						45. G				
53. Doctrine	5. Newspa					26	. A tl	nin st	rip o	f woo	od					escen	2
54. Ardent supporters	6. Porgy f						. Agi									nsitiv	'e
60. Beak	7. Parcels						. Pict						50. E				
61. Moral weaknesses	8. A Grea		-				. Ass		ts							of an	cient
62. A squeaking noise	9. Self-im						. Cap						myth	0.			
53. N N N N	10. Relati	ng to	the n	notio	n of		. Stra						52. A			uiet	
64. An ancient Hebrew unit of dry	bodies						. A p		disea	se		:	55. Si	mall	bite		
measure	11. The sr	nalle	st am	ount		36	. Thu	ıgs				:	56. F	orelii	mb		
65. An abrasive board	10.14	rofo	erem	onies		38	. Ebb)				:	57. P	ercei	ve vi	sually	/
05. All ablasive board	12. Maste	1 01 0															
05. All ablasive board	12. Maste 13. Suppo			nise		39	. Cap	s				:	58. A	spha	lt		



We Need Cover Pictures! Send in Your Interesting Photos

Get Your Picture on the Cover - We select a new and interesting picture every month to be printed on the cover of your newsletter. If you or your neighbors have fun events or activities please send in a picture and we'll enter it to be selected. Please include a description of the image and a brief release allowing us to reprint the picture. Our mailing and email address are here: Picture



PO Box 1023 • Venice, FL 34284 info@monthly-media.com • 727-484-7488

10 WORDS for \$8.55 - Each additional word is 80¢ EMPORIU Your Ad Will Appear in 60 Mobile Home Park Newsletters NO ADS ACCEPTED BY PHONE OR EMAIL

WANTED TO BUY

When selling on consignment always get a WRITTEN OUOTE on the sellers' commission.

FURNITURE, good clean, pre-owned. Top dollar paid. Joe, 224-9780

Retired lady looking for reliable used car. \$2000 range! 727-421-9573

ARTICLES FOR SALE

Massage recliner & footstool with heat \$75. Anti-gravity folding recliner \$20. Dirth Devil spot scrubber \$15. 727-252-4346

BIG SALE: Oct. 14th-15th-16th & Fri-21st. 11104-101 St, Largo - off 110 Ave.



EVENTS & PROGRAMS

CRAFT SHOW, Saturday, October 8th, 9am - 3pm, St. Paul United Methodist Church, 1199 Highland Avenue, Largo, FL. 95 Vendors/95 Prizes. Indoor & Outdoor Show. Food Court & Pumpkin Patch. \$1.00 Admission goes toward the homeless.

Annual Craft Fair Saturday 11/05/16, Paradise Island Clubhouse, 1001 Starkey Rd. Largo. Open 9am-1pm. A variety of handmade crafts, Bake sale, and Canteen open for food.

CRAFT SHOW 12/10/16 Four Seasons Estates, Largo, Vendors wanted, Email medmatchpay@yahoo.com for application. or 727-200-3240 for more info.

Craft Show 10/29/16 from 8am to 1pm. Crafters Wanted. Caribbean Isles, Largo. \$10 per Table. Please call Barb 727-674-0137.

Crafters Wanted: Paradise Island Annual Craft Fair. Sat. 11/5/16. Tables \$10 & \$15. Call Sammye 727-474-2660

Annual Bazaar - Ranchero Village MHP, 7100 Ulmerton Road, Largo Florida. Sunday, November 13th, 12-4pm. Many vendors and food available. Craft Sale Saturday December 3rd, 2016 8:30 am - 1:30 pm Sugar Creek MHP @ Clubhouse - 10265 Ulmerton Road, Largo (Behind Pier One Store). Bake Sale and Lunch. Tables \$10.00 -Call Sally 727-584-2404

'our

HOLIDAY BAZAAR 11/12/16 All indoor craft show. First Lutheran Church, 1644 Nursery, Clearwater. Vendors: 727-744-3806 or eobrien2429@gmail. com

Junk In The Truck Rummage Sale: Saturday, Oct. 22nd 8am - 12:30pm. St Catherine of Siena Catholic Church 1955 S. Belcher Rd, Clearwater, FL 33764

ATTENTION RESIDENTS! Did you know this Emporium/ Classified listing reaches over 21,500 homes in Pinellas County? It goes into 60 community newsletters (just like this one) from Dunedin to St. Petersburg. This is a great market to sell items, advertise your next event, try and get help for a function, and many other great things. Remember to think about this the next time you're planning something.

-Monthly Media Staff

NOVEMBER AD DEADLINE - OCTOBER 10, 2016

• Advertise BUY, SELL, TRADE ITEMS by sending copy & check to Monthly Media at P.O. Box 1023, Venice, FL 34284. • Ads over 10 words must be accompanied by \$.80 per extra word or publisher will edit. • No mobile home sales, no professional products or services. SORRY: No ads accepted by phone or email. DEADLINE: 10th OF EACH MONTH. OAK CREST/ACORN MESSENGER OCTOBER, 2016 S



Monthly Mania: It Pays (Up to \$100) To Patronize the Advertisers in Your Newsletter

THOUSANDS manufactured home residents have won over \$135,000 since our contest began. It's simple to play ... when you patronize a current advertiser, ask for a Monthly Mania ticket (or a reasonable facsimile) and fill it out completely. Put the ticket in our Monthly Mania drop box in your community or <u>mail your paid receipt</u> to us at Monthly Media • PO Box 1023 • Venice, FL 34284. That's all you do. At the end of the month the Publishers will pick up the tickets and hold a drawing. If your ticket is drawn, we mail you a check.

(Allow 4-6 weeks for mailing of check). This month's cash winners are:

(Allow 4-6 weeks for mail	ng of check). This month's cash	winners are:		
Arthur Lovelock \$100) Dunedin Electric, Inc	Dennis Kreke \$	\$5	Boss Electric Corp
Walter Hook \$10	E & E Gliddon Air Conditioning, Inc.			Bill the Carpet Guy
John Matus \$10	AMS West Coast	Barbara Champion \$	\$5	Boss Electric Corp
Frank Marmarose \$10	Modern AC & Appliance Service	George Boyd \$	\$5	
Nancy Wallace \$10	Rod Runners, Inc.	Carolyn Padden \$	\$5	Modern AC & Appliance Service
Angela Mistretta \$10	Doll Brothers Carpet Cleaners	Ronny Lillo \$	55	Air Masters of Pinellas. Inc.
Jimmy Karon \$10	Jones & Sons Plumbing, Inc.	Rick Burks \$	\$5	Payless Painting Services, Inc.
Debra Santee \$10	Buggin Out Termite & Pest Control	Shirley Thompson \$	\$5	Jones & Sons Plumbing, Inc.
Debbie Cammarn \$10	Appliance Specialty Contractors, Inc.	Beatrice Johnson \$	\$5	Air Masters of Pinellas. Inc.
Patricia Marek \$10	Bill the Carpet Guy	Gise Le Brouillette \$	\$5	AJ's Beds & Furniture, Inc.
Sandy Ravelin \$10	Battleline Termite & Pest Control	Joy DiVenuti \$	\$5	1st Class Handyman Services
Art Kelsey \$10	Denny's Plumbing, Inc.	Godfried A. Grunwald . \$	\$5	E & E Gliddon Air Conditioning, Inc.
	Bill the Carpet Guy			Recreational Golf Carts
Cindy Trenkamp \$10	Royal Enterprises			Doll Brothers Carpet Cleaners
	AMS West Coast	Judy Archer \$	\$5	Kathy's Cleaning Service
	Boss Electric Corp	Michael Walsh \$	\$5	Largo Plumbing Co.
Jenny Naegele \$5	Sunset Appliance Service			Appliance Specialty Contractors, Inc.
	Battleline Termite & Pest Control			Jones & Sons Plumbing, Inc.
	Barron's AC & Appliance Service			Perfect Repair & Construction, Inc.
	Jones & Sons Plumbing, Inc.			
Marcia Light-White \$5	AMS West Coast			Notebooks Plus
Russell Jones \$5	Royal Enterprises Natures Resource Pest Control			Battleline Termite & Pest Control
Vicki DeFrank \$5	Natures Resource Pest Control			Appliance Specialty Contractors, Inc.
Shirley Jansma \$5	Doll Brothers Carpet Cleaners	William A. Ray \$	\$5	Mobile Home Depot
. Limit of one ticket new	visit. Advertiser men deve up to Avvisere	nor month. A duanticor mo		have bill paid aurophta avality. No

Limit of one ticket per visit • Advertiser may have up to 4 winners per month • Advertiser must have bill paid current to qualify • No
purchase necessary • Contest void where prohibited by law • Green tickets available at participating Monthly Media advertisers.

ACTIVITY LEADERS - 2016

A stimition Committee	Neg en Derkene	L at 520	127 7115
Activities Committee	Nancy Barboza	Lot 529	
Art Group	Dorothy Noller	Lot /9	
Bingo			
Bridge	Lou Vonderbrink	Lot 261	
Bulletin Boards, inside	Margaret Fuller	Lot 456	
Bulletin Boards, outside			
Calendar	Kathy Brady	Lot 353	
Carport Sale	Mary Jo Falinski	Lot 372	
Decorations	Nancy Barboza	Lot 529	
Exercise			
	Margaret Fuller	Lot 456	
FMO Rep. Lots #1-327	Rebecca Cooper	Lot 273	
Lots #328-653			
Hall Reservations	Kathy Brady	Lot 353	
Hobby Class			
Horseshoes	Archie Bunting	Lot 194	584-0113
Librarian	Audrey Snow	Lot 188	584-6973
	Pat Dion	Lot 339	584-2109
	Joy Olson	Lot 615	588-0323
	Carol Knotts	Lot 224	581-8015
	Maryanne Fania	Lot 406	
Line Dancing	Dot Bunting	Lot 194	584-0113
Messenger Editor	Jeanni Bajenski	Lot 512	
Outside Park Trips	Annette Watts	Lot 504	843-457-9599
Pancake Breakfast	Res. Club Volunteers		
Dir of Pancake Breakfast	Annette Watts	Lot #504	843-457-9599
Pinochle	Andrew Capaldi	Lot 233	
	Joe Puzan	Lot 584	518-6783
Poker			
Res. Club Membership	VACANT		
Shuffleboard	Roland LaVenture	Lot 569	584-4346
Sick Bay			
Sing-a-Long	Margaret Fuller	Lot 456	586-1590
Supply Room	Dorothy Noller	Lot 79	474-6633
Swimnastics	Mona Lee	Lot 35	238-8641
Telephone Directory	Kathy Brady	Lot 353	239-8726
	Mary Sherman	Lot 304	518-376-7445
•••••••••••••••••••••••••••••••••••••••			

A Complete Listing of Resident Services can be found on the page before your calendar

